

Our aim

We are a small team of ex-gymnasts turned coaches who are looking to spread our passion for sport and spark something new in the younger generation. We feel that sport and exercise teaches many important lessons in life and develops the child's wellbeing. Combining balance, agility, coordination, strength and body awareness like no other sport, gymnastics develops all the fundamental skills for physical literacy, preparing each child for any sport they decide to try.

A little bit about us

Bradley Smith - L4 Mens Artistic Coach

As a gymnast for 15 years Bradley competed and won many medals at county, regional, national and international level. Now retired from competition, Bradley heads up the Men's artistic junior squad at Heathrow Gymnastics Club. Gaining some great results for his gymnasts on the regional and National scene and personal coach to many national medallists within Great Britain and Ireland.

Starting at a young age and finding his passion for sport at an extra curricular club, Bradley is now looking to spread his knowledge and enjoyment to younger children, with the sole aim of getting children to enjoy sport as much as he does.

Jodie Summers - L3 Womens Artistic Coach

Jodie was a competitive gymnast and competed for many years across the County and region, attending a handful of international competitions. Jodie is now a full time coach who has helped many gymnasts to gain regional and national success.

Jodie's passion for the sport is as strong as when she originally started over 15 years ago, she is now looking forward to helping children start their journey within sport.

As elite coaches we understand that each child progresses at their own pace and we will use this knowledge to make sure each child learns and enjoys every lesson with us.

All coaches are qualified to a very high degree by British Gymnastics, First aid trained and DBS checked.

**Other coaches may be used if classes are over subscribed but full details will be provided before use.*

Pricing

Curriculum delivery

It is possible to hire a coach to run daytime PE sessions / £40 per hour

Available Monday – Thursday before 2pm.

Necessary equipment; Floor mats

Ideal equipment; Springboard, Vault table

If you would like any more information about our classes, then please do not hesitate to contact us via;

Email – funnasticsmk@gmail.com

Or

Phone – 07396 199325

We look forward to hearing from you and can't wait to start our sporting journey with your students.

Kind regards

